

# SALON SERVICES

Life is a moving, breathing thing. We have to be willing to constantly evolve.  
Perfection is constant transformation. – NIA PEEPLES



## Waxing

FULL LEG	R350
3/4 LEG	R280
HALF LEG	R250
BIKINI	R220
BRAZILIAN / HOLLYWOOD	R350
FULL ARM	R260
HALF ARM	R200
UNDER ARM/STOMACH	R140
BROW/LIP/CHIN	R100
FULL FACE	R300

## Manicures & Pedicures

Instantly enhancing the appearance of your hands and feet while maintaining healthy nail strength, removing dryness, leaving a smooth, refreshed and healthy look.

SPA MANICURE		
A classic manicure including cuticle work, nail shape, exfoliation and nail varnish	45 min	R280
DELUXE PARAFFIN MANICURE		
A deluxe manicure treatment with cuticle work, nail reshape, hand soak, exfoliation, paraffin wax mask, massage and nail revarnish	60 min	R340
LUXURIOUS MANICURE		
A manicure treatment with cuticle work, nail reshape, fizz bomb hand bath, exfoliation, massage and gel repaint	75 min	R440
ADD ON TO YOUR MANICURE OR PEDICURE:		
Medi peel		R250
Soak off		R90
Soak off acrylic		R110
Gel paint		R280
30 min foot massage		R250
Paraffin treatment		R120
EXPRESS TREATMENTS		
File buff and repaint	15min	R160
Petite Pedicure	15min	R200
Petite Manicure	15min	R200

## Tinting

BROW	R80
LASH	R90
BROW AND LASH	R140
BROW SHAPE AND TINT	R130

## Spray Tanning

Our professional tanning range is formulated with a clean blend of antioxidant-rich botanicals, hydrating natural oils and skin loving ingredients, to give you not just a tan but a unique skin therapy experience. Free of parabens, contains 100% natural DHA, odourless and vegan friendly.

SPRAY TAN SESSION	R350
SPRAY TAN WITH EXFOLIATION	R450
3 SESSIONS SPRAY TAN	R950
3 SESSIONS SPRAY TAN WITH EXFOLIATION	R1250

SPA PEDICURE		
A classic pedicure including cuticle work, nail shape, foot soak and foot filing exfoliation and a massage with nail revarnish	45 min	R340

LUXURIOUS PARAFFIN PEDICURE		
A pedicure treatment with cuticle work, nail reshape, foot soak and foot filing, paraffin wax mask, exfoliation, massage and gel repaint	75 min	R470

DELUXE PEDI PEEL		
A deluxe pedicure treatment with cuticle work, nail reshape, foot soak, medi foot peel, exfoliation, massage and nail revarnish	75 min	R490

LIGHTENED LEG TREATMENT		
A detoxification leg drainage treatment designed to reduce swollen tired legs, ankles and feet	75 min	R440

ENQUIRE ABOUT  
OUR PROMOTIONS

evolvedayspa.co.za | (011) 894 6224 | 076 192 8505 | f@evolvedayspa

Unit 5, The Terminal, Cnr Dr Vosloo and Trichardt's Roads, Bartlett, Boksburg | manager@evolvedayspa.co.za

# BODY TREATMENTS

RECUPERATE, DESTRESS, RELAX, EVOLVE



## Massage

SWEDISH THERAPY			
A relaxing massage involving soft, long, kneading strokes, as well as light, rhythmic, tapping strokes, on surface layers of muscles			
60 min	R660	90 min	R810
AROMATIC MASSAGE			
Highly concentrated plant oils are used during this full body, gentle palm, pressured massage			
60 min	R750	90 min	R850
SPORTS MASSAGE			
A Full body Therapeutic Massage impacting specific joints, muscle groups, tendons, ligaments, and soft tissue groups			
60 min	R750	90 min	R850
VOLCANIC ROCK			
Volcanic heated rocks are massaged and placed throughout the body's tension points to help you relax and ease tense muscles and damaged soft tissues throughout your body			
60 min	R750	90 min	R850
PRENATAL			
Alleviates muscle pain and cramps, while lowering stress and anxiety levels and reduces the baby's stress hormones			
60 min	R750		
TENSION POINT SCALP			
30 min	R300	45 min	R410
60 min	R550		
BACK, NECK, SHOULDER MASSAGE			
30 min	R370	45 min	R490
60 min	R600		
FOOT THERAPY			
30 min	R300	45 min	R410
60 min	R550		
RECOMMENDED UPGRADES			
Aroma Cupping			R110
CBD Concentrate Therapy			R180
Luxurious Candle			R160
Mineral Foot Bath			R110

## Scrubs and Wraps

Evolves Signature Rasul is an ancient ritual inspired by an Arabian thermal mud treatment designed to cleanse and enhance your skin and bodies well-being.

FULL BODY EXFOLIATION THERAPY	
A full body scrub using natural granulated ingredients to remove dead skin while nourishing your skins barrier	
30 min	R250
COCOA NOURISHING WRAP	
30 min	R280
SEAWEED DETOX BODY EXFOLIATION & WRAP	
Designed improve the texture and appearance of the skin by helping to rid the body of excess fluids and toxins	
45 min	R350

## WELLNESS TREATMENTS

### Rasul Ritual

Evolves Signature Rasul is an ancient ritual inspired by an Arabian thermal mud treatment designed to cleanse and enhance your skin and bodies well-being.

RASUL STEAM	
This Ancient ritual is inspired by an Arabian thermal mud treatment designed to cleanse and enhance your skin and bodies well being	
30 min	R80
10 sessions (30 min each)	R700
RASUL RITUAL	
A thermal heated private lounge infused with aromatic steam and rain forest like showers including a natural shelf exfoliation body scrub and an earthy inspired mud mask to deeply nourish and gently wash away unwanted toxins	
45 min	R350
Couple	R600
HAMMAN EXPERIENCE	
An exfoliating eucalyptus scrub with a chocolate body mud 45 min treatment in a steam infused lounge with aromatic steam and rain forest like showers, this coupled treatment includes chocolate truffles and a bottle of champagne	
90 min	R750

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# AESTHETIC TREATMENTS

THE BEST FOUNDATION IS A HEALTHY, GLOWING SKIN



## Spa Facial Treatments

SPA FACIAL		
This facial is an introduction to healthy skincare, replenishing your skin and helping with a youthful glow	45 min	<b>R410</b>
LUXURIOUS FACIAL		
A deep cleansing facial to reduce skins dryness and restore moisture and skins texture	75 min	<b>R510</b>
MEN'S FACIAL		
A intensely cleansing facial to balance uneven skin tone and texture while restoring the skin to its natural moisture and barrier level	60 min	<b>R490</b>
LAMELLE DEEP CLEANSE/PURITY FACIAL		
A zinc infused facial to bind excess lipids from the skin and remove toxins of the skins surface	60 min	<b>R470</b>
LAMELLE HYDRATING AND CALMING FACIAL		
Gentle enough to treat sensitive/ sensitised skin, unique carbohydrate systems are used to restore hydration	60 min	<b>R580</b>
LAMELLE AGE PREVENTION FACIAL		
Filled with antioxidants and hydrators to prevent the process that causes premature ageing	60 min	<b>R580</b>

## Lamelles Facial Peels

LACTIFIRM PEEL			
Designed for dehydrated /dry skin types with premature ageing signs, requires no social down time			
30/10%	<b>R650</b>	90/10%	<b>R820</b>
ALPHA PEEL			
Ageing, fine lines			
20%	<b>R650</b>	30%	<b>R820</b>
RETISTORE			
Designed for ageing /aged skin types, requires minimal social downtime			
	<b>R1290</b>	Plus	<b>R1530</b>
BETA PEEL			
Hyper pigmentation			
15%	<b>685</b>	20%	<b>R760</b>
		30%	<b>R805</b>
BETA PLUS			
Treating skin with congestion and acne, requires minimal social downtime			
15%	<b>R580</b>	20%	<b>R690</b>

## Microneedling

Microneedling procedures involve using microneedles to gently prick the skin to generate new collagen, cell reproduction, tissue rebuilding and smoother textured skin

Microneedling Introductory	45 min	<b>R550</b>
Microneedling Treatment	60 min	<b>R650</b>
Microneedling with PDT	90 min	<b>R1150</b>
Microneedling & Hydra Facial	90 min	<b>R1350</b>

## Advanced Skincare Treatments

### Light Therapy Treatments – R290 (30 min)

Photo Therapy uses wave lengths to penetrate deeper into the layers of your skin, using photobiology technology light to address your skins specific concerns, the light travels in different wave lengths ensuring to reach a specific skin concern

<b>RED</b>	Stimulates collagen reproduction and revitalize slow producing cells
<b>BLUE</b>	Focuses on sebum glands creating a sterile oxygen environment clearing out bacteria causing acne

<b>GREEN</b>	Treats the melanin cells of your skin to repair sun damage and blemishes
<b>YELLOW</b>	Reduces skin inflammation and redness
<b>PURPLE</b>	Improving fine lines and wrinkles
<b>WHITE</b>	Accelerating your skins metabolic system
<b>CYANINE</b>	Enhance the cell energy to promote healthier skin

# ADVANCED SKINCARE TREATMENTS

THE BEST FOUNDATION IS A HEALTHY, GLOWING SKIN



## Hydra Facial Treatments

Medical based ingredients are used with a high Hydra Dermabrasion RF Bio-lifting Microdermabrasion Facial Machine to treat skin specific concerns such as:  
lack of firming skin, shrink pores, improve double chin,  
deep cleaning, acne treatment; skin whitening; shrink pores;  
anti-aging; skin moisturising and skin tightening

### ACNE CLEAR FACIAL

Using a bubble suction treatment to remove congestion and blackheads, infusing high active ingredients in combination light therapy to clear acne and access oils

**90 min – R1200**

### EXPRESS HYDRA FACIAL

Tightening the tender skin; relieving nerves and fatigue; shrinking pores; diluting edict wrinkle and eye wrinkles

**55 min – R690**

### ULTRA SONIC FACIALS

Imports products deep Into subcutaneous tissues, promote microcirculation and skin renewal

**80 min – R990**

### HYDRA BOOST FACIAL

BIO face lifting, Increase cell permeability, help skin better absorption of nutrients and water, oxygenated blood

**90 min – R1200**

### OXYGEN FACIAL

The high frequency atomizing vibration of hydrated and tender skin enables the water molecules to be decomposed into 0.28 um nano-level spray particles

**80 min – R1100**

### HYPER SENSITIVE SKIN

Restoring skin smoothness, tenderness and balance. Giving skin nourishment and moisture from inside to outside,used to source inflamed cells and neutralise skin

**80 min – R1100**

### COLLAGEN FACIAL

Digesting forehead wrinkles; Improving the gloss of forehead skin; Improving the fine wrinkles, micro spots and dryness of eye corners; remodelling skin plump and brighten the skin; shrinking pores; Improving sagging jowls, skin flabby, dry; diluting the neck wrinkles

**80 min – R1400**

Evolve into the complete person you were intended to be.

O P R A H W I N F R E Y

# WELLNESS PACKAGES

RECUPERATE, DESTRESS, RELAX, EVOLVE



## Spa Packages

### SIMPLE AND SWEET

30 min Back, Neck & Shoulder Massage,  
Petite Facial, Express Mani, Express Pedi

**120 min – R990**

### HALF DAY HEAVEN

Welcome Drinks, Rasul Chamber, Full Body Swedish Massage,  
Petite Facial, Express Mani or Pedi, Spa Lunch

**210 min - R1500**

### GENUINE BLISS

Welcome Drink, Full Body Swedish Massage, Luxurious Facial,  
Spa Mani, Spa Pedi, Spa Lunch

**270 min - R1820**

### ME TIME - PREGNANCY PACKAGE

Pregnancy Massage, Spa Manicure & Spa Lunch

**160 min – R1190**

### WELLNESS ESCAPE (FOR TWO)

Welcome Drink, Luxurious Candle Massage,  
Luxurious Pedicure, Spa Lunch

**180 min – R2490**

### CORPORATE PACKAGES (MINIMUM 3 PEOPLE)

30 min Back Massage, 30 min Petite Facial,  
30 min Petite Pedi PLUS a Welcome drink and Relaxation Time

**90 min – R750**

### CATCH UP TIME (MINIMUM 3 PEOPLE)

Welcome Glass of Bubbly, Luxurious Spa Pedicure and Spa Lunch

**90 min – R600**

### TIME TO REGROUP (MINIMUM 3 PEOPLE)

Hamman Aloe Foliant Scrub with a 30 min Back Massage  
and an Express Mani/Pedi.  
Includes a Free Spa Gift, Welcome Drink and Relaxation Time

**105 min – R880**

### EXECUTIVE RETREAT (FOR TWO)

Welcome Drink, Hamman Experience  
Including a Bottle of Champagne with Chocolate Truffles,  
Aromatic Massage, Petite Facial, Spa Lunch

**210 min – R2690**

### PAMPER GIFT

Welcome Drink and Chocolate Truffles, Chocolate Body Wrap,  
Full Body Massage, Chocolate Foot Treatment and Spa Lunch.  
Includes a Spa Revive Bath and Body Gift Box

**170 min - R1490**

### KIDDIE TREAT (AGES 3-12)

Petite Facial, Mini Mani, Mini Pedi, 30 min Full Body Massage

**80 min - R610**

### TEEN TIME (AGES 13 - 17)

Petite Facial, Mini Mani, Mini Pedi, 45 min Full Body Massage

**90 min – R750**

### TIME FOR TWO (COUPLE)

Rasul Chamber & Full Body Swedish Massage

**160 min – R1810**

### QUOTES AVAILABLE FOR THE FOLLOWING

**We will formulate a package the best suits your needs,  
send your enquiry to [info@evolvedayspa.co.za](mailto:info@evolvedayspa.co.za)**

Bridal Packages, Matric Dances Pamper Packages, Corporate,  
Kitchen Teas, Birthdays.



### GIFT OPTIONS:

Add to your spa experience with a natural, eco-friendly,  
cruelty-free, affordable spa product starting from R25.

For operating hours, spa etiquette and our online spa product  
shop please visit [www.evolvedayspa.co.za](http://www.evolvedayspa.co.za)

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